

LISD School Health Advisory Council

September 19, 2018

Agenda Item:	Discussion:	Action:	Follow Up By/Date:
<p>Call to Order at: 7:02 by Michelle Durkin</p>	<p>Introductions: everyone introduced themselves - 25 attendees as committee members and 3 Chair</p>		
<p>Review of Minutes for May 9, 2018 (last meeting)</p>	<p>Approval - Gaya Langley and Courtney Houghton seconded</p>	<p>Minutes- Unanimously Approved</p>	<p>None</p>
<p>New Business</p>	<p>Melanie Vincelette: History of SHAC Formed 8 years ago to meet requirements - mainly human sexuality oversight/recommend content. Other initiatives included:</p> <ul style="list-style-type: none"> ● Child nutrition ● Supported initiatives for health and wellness - to bring awareness - 21 day challenge, Red Ribbon, mental health programs, employee 		<p>None</p>

<p>OLD BUSINESS Red Ribbon Week</p> <p>Sub-Committee Summary Mental Health M. Crow</p>	<p>wellness immunization and Health Screening, student programs, child obesity, Fuel Up to Play 60, Brain Breaks, Go Red, Stand on One Foot, Yearly Wellness Plan (required)</p> <ul style="list-style-type: none"> • Education to community about programs <p>Quiz about SHAC history</p> <p>Monya Crow shared that Red Ribbon Week continues to advance conversation and education for all grade levels on substance abuse, avoidance, vaping and juul e-cigs.</p> <ul style="list-style-type: none"> • New positions to support student mental health, coping skills 	<p>Quiz and answers</p>	<p>None</p> <p>None</p> <p>None</p>
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<p>Sub-Committee Summary Human Sexuality Melanie Vincelette</p>	<ul style="list-style-type: none"> ● Resource library for parents ● Parent Ed - difficult to attend ● First in a Series - Ask the Expert - kick off during Red Ribbon Campaign ● Continue to add digital pieces for parents to access ● Mental Health - hydration stations and snacks are being rolled out to campuses via Guidance & Counseling <p>8 year review Focus on 7th grade curriculum Continue to use program until next review Reviewed 4 programs, did program analysis - buying a "canned" program will not meet the needs of our community Will work with Marsh Media to update our curriculum - will redo video and consider SHAC recommendations - 2 years</p>		<p>November 14, 2018</p>
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	<p>out Taught in 7th grade science Maintain sub committee and get feedback as we move forward in writing that curriculum</p>		
NEW BUSINESS	<p>Will continue with Mental Health sub-committee with Monya Crow</p> <p>Human Sexuality and Student Mental Health will continue as a sub-committee</p> <p>Health as a Graduation Requirement - council members voted unanimously last year to explore returning Health as a graduation requirement</p> <p>New sub-committee: Weather Guidelines for Recess - District Leadership has asked for the SHAC's assistance in reviewing current policy and determining if it is inline with</p>	<p>Ms. Crow to lead ongoing discussion on student mental health.</p> <p>J. Beimer to lead discussion on what advances have been made by Learning and Teaching.</p> <p>Dr. Rogers will address on November 14th - will explain history and other issues regarding why LISD does not require Health</p> <p>R. Fry to lead sub-committee with a focus on elementary recess weather guidelines. However, additional topics and concerns expressed will be addressed time permitting.</p>	<p>November 14, 2018</p> <p>November 14, 2018</p> <p>November 14, 2018</p> <p>November 14, 2018</p>

<p>Sign up for subcommittee</p>	<p>evidence based recommendations.</p> <p>Focus is on reviewing and updating weather parameters, guidelines and procedures.</p> <p>Members suggested adding review of TCU's LiinK Project. Concerns were expressed concerning indoor vs. outdoor lunch opportunities at the secondary level.</p> <p>Sign up sheets passed around and council members signed up for subcommittees</p>		
	<p>Adjourned at 7:50 p.m.</p>	<p>Next meeting will be at LAC November 14th at 6 p.m. Feb. 20 April 3 May 1 (if needed)</p>	<p>Reminded of the change in location for all other meetings this year.</p>